

Grwp Trawsbleidiol ar Hosbisau a Gofal Lliniarol Cross Party Group on Hospices and Palliative Care

8:30-9:30 11 Mawrth 2020, Ystafell Briffio'r Cyfryngau, Senedd

8:30-9:30 11 March 2020, Media Briefing Room, Senedd

Cofnodion | Minutes

Yn bresennol | In attendance

Mark Isherwood (Chair) AM	Dawn Bowden AM
Dai Lloyd AM	Rhun ap Iorwerth AM

Liz Andrews, City Hospice	Gwyneth Sweatman, Marie Curie
Grant Usmar, Hospice of the Valleys	Tracy Jones, Ty Hafan
Andy Goldsmith, Ty Gobaith/Hope House	Steve Parry, Nightingale House Hospice
Hywel Morgan, Aneurin Bevan UHB	Thomas Davies, Macmillan
Dr Karen Pardy, SW Cardiff GP Cluster	Catrin Edwards, Hospices UK (Secretary)
Carol Killa, Ty Hafan	Lewis Davies, Deryn
Matt Greenough, Ty Hafan	Dr Rachel Hughes, Dotiau
Carys Stevens, Hywel Dda UHB	Cathy Owen, Deryn
Tracy Livingstone, Nightingale House Hospice (via Skype)	Steve Parry, Nightingale House Hospice (via Skype)

Ymddiheuriadau | Apologies

Helen Mary Jones AM	Llyr Gruffydd AM
Delyth Jewell AM	Lynne Neagle AM
Iain Mitchell, St Kentigern Hospice	Monica Reardon, Marie Curie
Grant Davies, ABUHB	Sarah Davies-Lloyd, Marie Curie
Helen Davies, Bracken Trust	Fiona Liddle, WCVA
Trystan Pritchard, St David's Hospice	Emma Saysell, St David's Hospice Care
Gethin Rhys, Cytun	

Croeso | Welcome

The Chair welcomed all, including new faces to the CPG.

Minutes from the previous meeting, 17 September 2019, were confirmed by Gwyneth Sweatman and Tracy Jones.

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Diweddariad ers y cyfarfod diwethaf | Update since last meeting

The Chair took us through the significant updates and papers to note, including:

November 2019: Welsh Conservatives debate on hospices and palliative care in plenary. Amended motion passed, but Minister indicated his support, including reference to reviewing funding of adult and children's hospices and a forthcoming Bereavement Plan

December 2019: Bereavement Review published. Notes variation in provision across Wales, particularly for support for neonatal deaths and 1-2-1 counselling

January 2020: End of Life Care Board completed first draft of their 'Stocktake' against the End of Life Delivery Plan, which is due come to an end in December 2020. This notes that most actions are complete, with the exception of IT developments and gaps in 24/7 cover in paediatric palliative care

January 2020: Children's hospice funding roundtable sponsored by Dawn Bowden AM,

January 2020: CPG Chair correspondence with Minister (papers shared) requesting update on progress re CPG inquiry recommendations and hospice funding. HM Treasury have since confirmed that the £25m funding for hospices in England is not new money and so does not entail Barnett consequential for Wales.

February 2020: Welsh Government published its Loneliness and Isolation strategy, which makes significant reference to the contribution of the Compassionate Nation work.

Rhaglen waith y GTB 2020-21 | CPG work plan for 2020-21

Mark Isherwood noted that, in the wake of the success of the CPG's 2018 Inquiry, we are now planning to embark on another piece of significant work and scrutiny by taking an in-depth look at the development of Wales as a Compassionate Nation. We plan to receive evidence and share information across the breadth of health, social care and community sectors with the view to report and develop recommendations to Welsh Government early next year.

MI and Rhun ap Iorwerth referred to the Marie Curie lecture by Professor Allan Kellehear on [Compassionate Communities and the Compassionate City Charter](#) as a helpful introduction to this area of work.

Catrin Edwards gave a brief introduction to the policy context behind Compassionate Cymru, citing the development of compassion and kindness within public policy development and the Minister for Health and Social Care's commitment in 2018 to make Wales the first Compassionate Country. A Compassionate nation would involve taking a public health approach with the benefits of reaching more people, earlier and in the community. Whilst Compassionate Communities have evolved through the palliative and end of life care movement, and are often initiated and supported by hospices, a fully compassionate nation would take account of other initiatives under the same umbrella, including caring, dementia, ageing well and autism friendly communities.

A draft workplan was circulated to attendees in advance. This includes forthcoming meetings and plans to engage members with site visits to see Compassionate Communities projects in action.

Action: All to feedback to CE with suggestions for site visits to see Compassionate Communities. CE to coordinate visits and circulate dates.

Cyflwyniad | Presentation: Carys Stevens, HDdUHB – Compassionate Communities in action, the 'Law yn Llaw' project

As background to the project, Carys shared patient stories with the group.

John was an 84 year old man, who had no speech following a stroke and had been referred to palliative care at Ysbyty Bronglais. John consistently held Carys's hand and held eye contact with her throughout their interaction. Despite being located on a busy ward it was clear that John felt alone.

Carys also visited Brian in his home. On registering his pain as '8' on a scale of 0-10, Brian declared the pain was 'in the kitchen'. His difficulty taking the dog for the walk was amongst the most pressing issues for him. A volunteer, through the Hospice at Home service, was recruited to walk the dog over a period of three months, thus easing the pressure on Brian and his family as he approached the end of life.

A similar service is needed for people approaching the end of life in hospitals and all other settings. The 'Law yn Llaw' project has received funding to initiate this service.

Feedback from staff has been positive: 'Staff on the ward don't always have the time to sit and chat... Having a companion service will give everyone peace of mind.'

Law yn Llaw is part of the broader Compassionate Ceredigion movement.

Volunteers from the community setting and those in the hospital have been brought together to undertake training so that each can be deployed in the setting where they are needed, depending on patient match. The project aims to have its first volunteers in hospital by April.

Carys closed her presentation by sharing the poem 'Just', written by Mererid Hopwood during Dying Matters Week 2018.

Cyflwyniad | Presentation: Dr Karen Pardy, SW Cardiff GP Cluster

Inspired by the Frome model of Compassionate Communities, the SW Cardiff Cluster have been adapting the model to meet its needs. This has involved working closely with health and third sector colleagues with the vision of ensuring health and wellbeing for all who live and work in the area.

In November 2018 the cluster received Transformation Funding to develop an accelerated cluster model, bringing greater structure to the cluster.

There are four elements to the Compassionate Communities project in the cluster:

- Community support
- Multidisciplinary team
- Integrated care hub
- Advance Care Planning

There is a focus on supporting people as they are discharged from hospital and the hub proactively contacts each person in this situation to have a 'what matters' conversation.

GPs report feeling rejuvenated by the MDT model.

As a primary care cluster, the group is unable to employ its own community workers therefore existing wellbeing connectors in the community have been identified and deployed. One is looking at volunteers for end of life care.

Advance Care Planning is being embedded across all services, not just specialist palliative care and GPs. Workshops are being held in community settings, including several successful workshops in Mosques.

Trafodaeth | Discussion

Tracy Livingstone and Steve Parry from Nightingale House Hospice were invited to share learning from their experience supporting Compassionate Communities projects. These are community and volunteer-led initiatives taking a bottom-up approach. The Hospice supports by providing expert training and through facilitating the establishment of a community-owned project. The first community initiative was in Corwen and other communities have approached the hospice to support development of their initiatives.

Andy Goldsmith noted that the Compassionate Community model envisaged by Professor Kellehear is not about extending the NHS with volunteers but about empowering communities to take action. CS noted that, as part of the community in Ceredigion, this is one initiative she can take action on – i.e. the health sector and workforce is part of the community not separate from it. KP noted that their aspiration is for the SW Cardiff Cluster work to have greater citizen voice. MI noted that a key focus for the CPG throughout its work on Compassionate Cymru must be about communities and statutory services designing solutions together and genuine coproduction.

Action: Ensure coproduction is central to CPG agenda

Grant Usmar noted that social care is a key partner to engage. CS and KP noted that the local authority were partners in MDTs. GU noted that Regional Partnership Boards should have a role in realising Compassionate Cymru as they bring together health and social care in decision making.

UFA | AOB

None

Date of the next meeting: 8:30-9:30 24 June 2020, Seminar Rooms 1&2, Pierhead